

THE
ULTIMATE
HANDWRITING
PRACTICE
AND LIFE SKILLS UNIT



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Unit excerpted from The Ultimate Handwriting Practice and Life Skills Workbook for Elementary and Middleschoolers.

Trace and Copy the days of the week and their abbreviations.

 Sunday

S

Monday

M

Tuesday

T

Wednesday

W

Thursday

Th

Friday

F

Saturday

Sat.

Write the missing days of the week on the lines below the calendar.

Weekly Calendar

Monday		Thursday			Friday	
Call Grandparents 2:00pm	Deep Clean 9:00am				Pizza Day!!	Piano
		science camp begin!		Record my YouTube Videos 4-6pm	Edit my YouTube Videos 6pm -10pm	Upload to YouTube 3:00pm
	Deep Clean					
		science camp ends.		Game LAUNCH Day!!		
	Deep Clean					

Add as many events as you can to the weekly calendar.

Recreational Activities

DAY- EVENT- TIME

MWF- *Go Kart Racing, 8am

T- ATV Club Meet, Noon

F- Beatbox, 3pm

M- Soccer, 5pm

Sat.- Poetry Slam, 6pm

Sun.- Hearts R Us Volunteer, 10am

T, TH- Calligraphy, 11am

*** All events are 2 hours except Go Karting which is 3 hours.**

Scheduling Your Week

Fill in the calendar with *your* weekly routine. Remember to label the days of the week. Try using the abbreviations.

Weekly Calendar

Trace and copy the numbers and months of the year. The numbers represent the chronology and can help you remember their order on a calendar. January is the first month of the year and in certain circumstances can be written as 1.

Months

1 January

2 February

3 March

Copy Work

Trace and copy the numbers and months of the year. The numbers represent the chronology and can help you remember their order on a calendar. January is the first month of the year and in certain circumstances can be written as 1.

Months

4

April

5

May

6

June

Copy Work

Blank box for copying practice.

Blank box for copying practice.

Blank box for copying practice.

Trace and copy the numbers and months of the year. The numbers represent the chronology and can help you remember their order on a calendar. January is the first month of the year and in certain circumstances can be written as 1.

Months

7 July

8 August

9 September

Copy Work

Trace and copy the numbers and months of the year. The numbers represent the chronology and can help you remember their order on a calendar. January is the first month of the year and in certain circumstances can be written as 1.

Months

10 October

11 November

12 December

Copy Work

Practice writing each month in chronological order below.

1 _____

_____ 7

2 _____

_____ 8

3 _____

_____ 9

4 _____

_____ 10

5 _____

_____ 11

6 _____

_____ 12

Match the month's abbreviation with its number.



Jan.

Jul.

Feb.

Aug.

Mar.

Sept.

Apr.

Oct.

May

Nov.

Jun.

Dec.

8

1

4

6

2

10

12

7

9

5

3

11

Writing Numbers

Copy Work

Word		Standard		Roman	
One	_____	1	_____	I	_____
Two	_____	2	_____	II	_____
Three	_____	3	_____	III	_____
Four	_____	4	_____	IV	_____
Five	_____	5	_____	V	_____
Six	_____	6	_____	VI	_____
Seven	_____	7	_____	VII	_____
Eight	_____	8	_____	VIII	_____
Nine	_____	9	_____	IX	_____
Ten	_____	10	_____	X	_____

Number Trivia

Fill in the blank with the appropriate Word, Standard or Roman numeral. Use the clues in parentheses to help you complete the titles below.

Snow White and the _____ Dwarfs (A Disney Book)

_____ :45
A quarter to nine.

_____ :15
A quarter past five.

Richard _____
(King of England until 1485 and a Shakespeare play.)

There are multiple ways to write the date. Below are five examples.
Copy our examples on the lines provided to the right.

Copy Work

January 1, 2022

.....

1/1/2022

.....

2022-01-01

.....

1-1-22

.....

1 January 2022

.....

**Practice
writing
your
birthday
the
five
ways
above.**

.....

.....

.....

.....

.....

Birthday Timeline

Fill in the timeline. Using one of the five ways on the prior page, write your birthday (month, day and year) and the birthdays of two people born before you and two people born after you.

